

MINISTRY EXPECTATIONS

How do I become a member of the Centering Prayer Ministry? An interest in the ministry can be indicated on the Stewardship of Talent card. Ideally, you will take, or have taken the 1/2 day introductory workshop (speak with the ministry leader about the details).

What defines an "active" member of Centering Prayer? Attendance at regular prayer sessions and participation in retreats sponsored by the ministry.

How do I end my membership in Centering Prayer? Simply stop attending the prayer sessions.

Is the attire of the member important?
No

What special talents/characteristics are desired for Centering Prayer? A comfort with silence, and with sharing and supporting others in prayerful discussions– Lectio Divina.

What is the time commitment?
Attendance at as many of the regularly scheduled prayer gatherings and retreats as you are able.

What can I expect in the way of support/training for my role in Centering Prayer? The scheduling of regular Centering Prayer gatherings at MQP and the opportunities for additional spiritual growth via retreats, workshops and Lectio Divina.

STEWARDSHIP OF TALENT

Stewardship has its beginning in baptism. Our baptism as one of Christ's disciples calls us to share our gifts — **including our talents.**

By giving of our talents, we can support our parish's efforts to carry out the mission Christ gave us.



Parish Mission

We, the Parish of Mary, Queen of Peace, are a faith community, following the teachings of Jesus Christ, in the tradition of the Roman Catholic Church. We gather together, welcoming in spirit, united in our diversity, committed to peace through justice, as witness to our faith. We seek to be the family of God, by our active participation in stewardship through worship, education, service, and social activities. Our lives will bear witness to



1121 228th Ave. S.E.
Sammamish, WA 98075
(425) 391-1178 Office
(425) 391-3797 Fax
www.MQP.org

TIME • TALENT • TREASURE

CENTERING PRAYER MINISTRY



Stewardship Through Worship



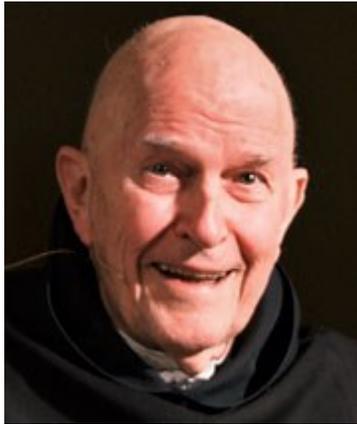
MARY, QUEEN OF PEACECENTERING PRAYER

.**Centering Prayer** is a way of deepening our relationship with God and a discipline to cultivate contemplative prayer in our time.

What We Do at our meetings:

Regular practice of **Centering Prayer**, or silence in group, and support for members' personal practice; Lectio Divina, the monastic practice of immersion in Scripture passages, viewing of related DVD's and discussion of books focused on Contemplative practice by authors including Keating, Merton, John of the Cross, Teresa of Avila and others.

Father Thomas Keating



Father Thomas Keating was one of the foremost teachers of contemplative prayer in the Christian tradition.

He was born in New York in 1923 and converted to Catholicism while a student at Yale University in the 1940s. He entered a cloistered Roman Catholic monastery of the Cistercian order.

Keating was the former abbot of St. Joseph's Abbey in Spencer, Massachusetts.

Fr. Keating resided for many years at St. Benedict's Abbey in Colorado then returned to St. Joseph's Abbey. Fr. Keating passed in October, 2018.

For More Information:

To inquire about becoming a member of the Centering Prayer group, please contact:

Sue and Jeff Renner

(425) 868-8888

jeffrenner3@comcast.net

The Mary, Queen of Peace Centering Prayer group meets weekly, on Fridays at 10:30 a.m. in N145/Fr. McGivney Room and the first and third Tuesday of each month at 6:30 pm, in S118/St. Elizabeth Ann Seton (library). Exact dates are published in the parish bulletin.